

# PRAGYANAM

## ENRICHMENT PROGRAM (PEP)

Nurturing children through co-scholastic activities in after-school hours (3:30 pm to 6:30 pm)

### DANCE

As an art, dance is a conduit of expression and communication. At every level, dancers will learn how to dance with joy, passion and respect for technique and history.

#### Pragyanam Enrichment Program will:

- Introduce children to different dance genres like, ballet, jazz, hip-hop and contemporary dance.
- Develop skills which will help in improving their physical health.
- Enhance emotional development where they learn about expressing themselves in a way that's beneficial to their physical and mental health.



### ART



The curriculum builds observation skills and encourages exploration of imagination. The student learns to make choices that enhance communication of his or her ideas.

Students learn to coordinate their hand and minds in exploration through the manipulation of various tools, processes and media.

#### The curriculum for art and design aims to ensure that all students:

- Produce creative work, exploring their ideas and recording their experience.
- Become proficient in drawing, painting, sculpture and other art, craft and design techniques.
- Evaluate and analyse creative works using the language of art, craft and design.
- Know about great artists, craft makers and designers, and understand the historical and cultural development of their art forms.

### THEATRE

#### The Drama vertical of the Pragyanam Enrichment Program will focus on :

- Developing imagination, creativity, presentation and acting skills amongst the students through a range of drama techniques, games and conventions.
- The relevance of drama in daily life.
- Create and perform plays that will deal with social and environmental situations with a view to spreading awareness about these issues.
- Sensitize the students towards the world they live in.



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### MUSIC

The music curriculum comprises three strands:

- Listening and responding.
- Performing
- Composing

The curriculum will focus on

- Voice Training
- Ear Training
- Singing Techniques
- Stage Performance



### PHYSICAL EDUCATION

45 minutes of daily dose of sports to ensure physical and socio-emotional development of children. Sports isn't just good for children's bodies; it's good for their minds too. Children become resilient and learn how to deal with things that don't go your way. Playing sport helps children learn to control their emotions and channel negative feelings in a positive way.

- Basketball
- Tennis
- Swimming
- Badminton
- Athletics
- Taekwondo
- Table Tennis
- Cricket
- Football
- Skating



### READING

**Fluency**

- Read with accuracy
- Read with meaningful expression.

**Comprehension**

- Connect text to one's own experiences
- Understand dialogue
- Give and discuss opinions
- Set a purpose for reading

**Through:**

movie based stories • puppet shows • audio stories • books • e-books

